

NECKSAFE

NeckSafe: The Book

Spinal Cord Injury (SCI) should now be regarded as a preventable disease.

5 years ago such a statement would have been regarded as highly debatable, controversial, even ridiculously optimistic, but as the new century dawns these words are at last appropriate.

As we have investigated the causation of SCI, so too we have learned more about its prevention: preventing the injuries from occurring in the first place and preventing the secondary damage from (often well-intentioned though under-informed) First Responders to an accident or injury scene.

Since 1986 I have become increasingly involved in the Acute Management of SCI, and in a number of areas of prevention.

Most particularly, the NeckSafe[®] programme, which came into being in 1990, has seen the formalised approach to the teaching of these strategies for the first time in Australia.

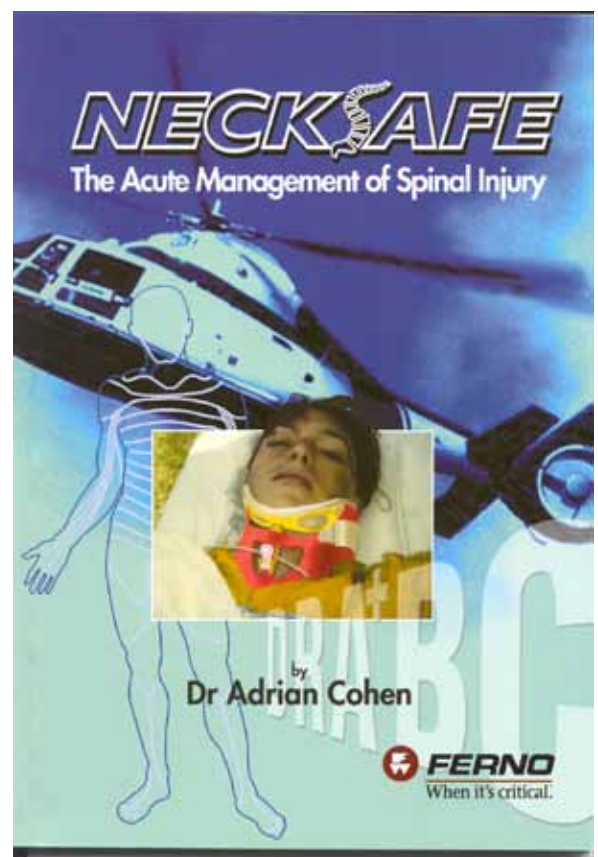
In 2000, the course received a NSW Sport Safety Award for Outstanding Education Programme, and many hundreds of students have now benefited from the additional knowledge and confidence which NeckSafe[®] offers. So too, many more potential Spinal Injury victims have been spared from any or further consequences of their injuries due to the correct application of the NeckSafe[®] technique.

This book is designed as a text for the NeckSafe[®] course and is equally suitable for the beginner or rescue veteran.

Every year, new advances in treatment and in the equipment used to manage acute SCI's mean potentially fewer patients in our Spinal Units.

It is my sincere hope that the dissemination of the NeckSafe[®] Principles will also help decrease the number and severity of Acute SCI's encountered each year.

Dr. Adrian COHEN





NeckSafe Book Order Form

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